

Extracurricular Activity Registration Mitchell School District

The Mitchell School District will be continuing to use an online Activity Registration system. This provides a more efficient information entry for both your family and our office. You will create a family account and then simply add students as needed going forward. This eliminates the need to enter the same information multiple times, every year. If you already have an account created from a previous year, you will only need to login after June 1 and register your student(s) for this season by updating the information and uploading the new forms. This allows you to submit these at your convenience and eliminate the need of passing papers from your child to the coach to our office. Please do not ask medical offices to fax physical forms to the school as you need to keep the forms to upload to your online account. Below are instructions on how to get to the Activity Registration page and how to get started.

The **'Health History Form'** shall be completed prior to the exam by student and a parent/guardian. The **'Preparticipation Physical Exam Form'** shall be completed by your physician. Those forms are available at local clinics, Mitchell High School office, or online. Once completed, upload **both** forms electronically via the Activity Registration website. That electronic file can be created by scanning or simply taking a picture of the forms. Please ensure that those electronic files are clear and readable by our staff. **A completed online 2020-2021 Activity Registration submission is required before students are able to participate in any school activity, including practices.**


If you have any questions as you go through this process, feel free to contact us at 995-3082.

Go Kernels!



Cory Aadland
Activities Director

ACTIVITY REGISTRATION INSTRUCTIONS

1. Go to www.MitchellKernels.com
2. Click on **'Activity Registration'** on the left side of the page.
3. Click on the **'Activity Registration'** icon:  at the center of the next page.
4. Click either **'Create New Account'** for new users or **'Login to My Account'** for returning users.
5. If creating a new account, you will first need to confirm your account in the email address you provided. Email will come from **'Mitchell School District Online Registration'**. Check your junk mail as it may go there.
6. Once logged into your family account, begin registering your student(s) by clicking on **'Register'**.
7. Complete Steps 1-6 and click **'Submit'**.